

THE SPA

An intimate oasis where you can immerse yourself in total privacy and savor the rites of the true art of wellness. You are accompanied through a path that can be customized that winds through sauna, turkish bath, indoor pool with whirlpool and emotional shower.

The "FIVE STAR" method

The Five Star is the exclusive and innovative treatment designed to create a unique and unrepeatable experience. This new technique uses a system through which the arms and legs are slowly raised and held in suspension. The musculature of the whole body, due to a natural oscillation and a passive stretching, will receive an immediate sensation of lightness.

Massages

RELAXING MASSAGE + AROMA THERAPY (duration 60 ') € 130.00

A personalized massage based on your needs and your desires. Different massage techniques will be put in place by the therapist whose job is to interpret your expectations with the right massage for you. Hot oils flavored with the essence chosen by you will be used. Each experience will always be tense in order to bring you to a state of global wellness and relax.

SPORT DEEP DECONTRACTING MASSAGE (duration 60 ') € 130.00

A targeted and intense massage. Through specific dexterity and postures, the therapist acts on the muscles in particular of the back and legs, starting with slow maneuvers of relax, gradually increasing the pressure of the massage to dissolve tension and contractures. This treatment increases the oxygenation of tissues, improves circulation and in general, gives a deep state of well-being.

HYDROTHERM (duration 50 ') € 130.00

The art of massage on a warm water bed. Two cushions gently wrap the body and adhere to the curves of the spine. The treatment gives the possibility to receive a massage on the whole body without interruption, maintaining the supine position throughout its duration giving you complete relaxation. Hydrotherm changes the perception of massage (recommended during pregnancy).

BODY MASSAGE + FACE TREATMENT (duration 90 ') € 160.00

The treatment includes a full body massage, using different techniques chosen by the therapist according to your needs, it is inspired by oriental philosophies, includes a personalized facial treatment performed with natural products. This treatment restores radiance and deep hydration to the skin.

MASSAGE WITH CANDLES (DURATION 60 ') € 130.00

A warm and enveloping massage performed with oils obtained from the fusion of natural butters, nourishing the skin, rich in moisturizing and emollient substances. The massager will slide the melted oil on your body and will perform slow and determined movements to relax the muscles. This treatment is a real multi-sensory involvement that will make your skin soft and pleasant to the touch.

Beauty treatments

SPA MANICURE

€ 60,00

This Spa Manicure is an extension of our classic. Our treatment also includes a gentle exfoliation of the cuticles, hands and arms to smooth and soften rough dry skin. Hands are then treated to super-hydrating paraffin bath, followed by a hand and arm massage that will keep you coming back for more. Nails are then polished to perfection.

(45 minutes)

SPA PEDICURE

€ 70,00

After a soothing footbath and Salt Glow exfoliation, our unique callus softening serum treatment smooths away calluses and rough spots. Then receive a relaxing foot and lower leg massage before it all ends with toenails, polished to perfection. (45 minutes)

Useful information about the SPA

Opening: from 9.00 to 19.00

Indoor pool

Whirlpools

1 sauna (temperature ca. 85 C°)

1 Turkish bath (temperature ca. 40 C°)

1 emotional shower

1 treatment room

2 stations for treatments in an outdoor gazebo

Outdoor fitness area open from 8.00 to 21.00

The treatments can be done from 9.00 to 21.00.

Rules for using the Spa

In respect of silence for all users of the Spa we ask you to respect the following rules:

- avoid noise that may disturb;
- leave the mobile phone outside the spa;
- avoid diving in the pool;
- children are allowed in the Spa only if accompanied;
- wear the costume in the pool area;
- access the sauna and Spa without a bath. Our tip: wrap a towel around your hips and breasts;
- leave your valuables in the room.

What wear in the SPA

For your treatment we ask you to present yourself in a bathrobe. You will be asked to undress according to the chosen treatment. Disposable briefs are at your disposal; our staff during the treatment will suit you accordingly.

Reservations

We recommend you to reserve in advance your treatments. We are available for you for any suggestion.

Cancellation

If you like to cancel an appointment, we ask you to advise us 24 hours before. In case of a cancellation without advisement, the whole treatment will be charged. Thank you for your cooperation.

**Timing**

To fully enjoy the treatment, we ask you to present yourself 10 minutes before the start of the treatment at the Spa reception. Any delay on your part will be subtracted from the duration of the treatment. Our tip: a ride to the pool or sauna will optimally prepare your skin for treatment. It warms the muscles, relaxes them, opens the pores, making sure that the skin treatment is better absorbed.

Health

In order for the treatments to be carried out in accordance with your health, please let us know from the moment of booking special conditions such as pregnancy, high blood pressure, heart disease, metabolic disorders, allergies or recent operations. If necessary, please consult your doctor in order to prevent unwanted effects. For our part we assume that you enjoy the necessary health conditions to be able to submit to the treatments available at our Spa.

Payment

The treatments will be debited to your room account.